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Important Update: Beginning of Daylight Saving Time

2025-03-07 - Pavla from Support - [Trading Activity Information](#)

Dear Client,

We want to inform you about the upcoming **Daylight Saving Time (DST)** changes and how they affect trading hours:

- **Europe & UK:** DST starts on **March 30**, moving clocks forward by 1 hour
- **USA:** DST begins on **March 9**, moving clocks forward by 1 hour

Trading hours will be affected between March 9 and March 30, 2025. Normal trading hours will resume afterwards.

Please review the trading hours information on [our website](#).

Lastly, please consider all the risks associated with trading. You may refer to our [Legal Documentation](#) on our website.

To help you adjust, our team is here to assist with any questions or concerns.

For further assistance, don't hesitate to [contact us](#).

Best regards,

The FXGlobe Team