



[Noticias](#) > [Trading Activity Information](#) > [Important Update: Beginning of Daylight Saving Time](#)

Important Update: Beginning of Daylight Saving Time

2024-03-08 - Lucas From Support - [Trading Activity Information](#)

Dear ,

We want to inform you about the upcoming Daylight Saving Time (DST) changes and how they affect trading hours:

- **USA:** DST starts on **March 10**.
- **Europe & UK:** DST begins on **March 31**.
- **Australia:** DST starts on **April 7**.

☐ Trading hours will be affected between **March 10 and April 7, 2024**. Normal trading hours will resume afterwards.

Please review the trading hours information on [our website](#).

To help you adjust, our team is here to assist with any questions or concerns. For further assistance, don't hesitate to contact us.

Best regards,

FXGlobe team